



## **The Good News! JC Family Home Association, October 2026 Volume 13/Issue 1**

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[www.JCfamilyhomeassociation.com](http://www.JCfamilyhomeassociation.com)

**Please add our phone numbers to your contacts so you know who is calling you.**

## **October is**

### **National Food Days**

Child Health Day Monday, October 5, 2026

Walk to School Day Wednesday, October 7, 2026

Global Handwashing Day Thursday, October 15, 2026

Pasta Day Saturday, October 17, 2026

Chocolate Day Wednesday, October 28, 2026

Oatmeal Day Thursday, October 29, 2026

Halloween candy in jack o' lantern buckets

Halloween Saturday, October 31, 2026

### **National Food Months**

Apple Month

Cranberry Month

Eat Better, Eat Together Month

Farm to School Month

Pasta Month

Popcorn Poppin' Month

Pork Month

Pumpkin Month

Vegetarian Awareness Month

### **National Food Weeks**

Food Waste Prevention Week Monday, September 28, 2026 to Sunday, October 4, 2026

### [October Food Calendar](#)

**Reimbursement table** to include dates for when all supporting documents are due to the office. **The due date listed is the last possible date for the claim to be accepted. Your claim is due to the office on the 1st of every month with the grace period of up to the 5th working day of the month.**

| Claim Month | All Supporting Documents* Due Date | Payment Date        |
|-------------|------------------------------------|---------------------|
| September   | October 16th, 2026                 | October 23rd, 2026  |
| October     | November 13th, 2026                | November 17th, 2026 |

- **Supporting documents** include, but not limited to: Cover sheet, Menus, Meal Attendance, Daily Attendance, Enrollments, and Meal Modification forms.

**We will be updating our phone plan and we are keeping the two numbers listed up above so you will need to update your contact info please.**

**Home visits** We will be updating the routes for home visits starting in October, so you might have been visited in September and I'll be knocking at your door in October. I have to make adjustments so I can do my best job in visiting you, processing claims, and keeping the office running. Michael will continue to help out in the office also. Let us know if you need forms sent to you. Most visits are doing well! Thank you for making my job that much easier!

**Renewal packets** will be mailed out to you soon, and are due back by November 13, 2026. Included will be a letter from me, appeal process, civil rights information page that needs to be read and filed. The half sheet civil rights page you and your helper (if needed) need to sign and return along with the electronic submission form . . . fill out, sign, and return.

**JC Family Home Association is an equal opportunity provider, employer, and lender.**

We have a new drop box located on the east side of the building. It's a little black mailbox with JCFHA DROP BOX on it.

### **Cover sheet**

**School information** - we need you to list the days school is closed so we can reimburse you for those school age children at lunch.

**Milk information** - please let us know which milk is being served to which kids. Keep in mind that 1 yr olds are served unflavored whole milk and two and over are served your choice from unflavored whole, 2%, 1%, or skim.

**Closed** - when your daycare is closed for the day please let us know with a text message, phone call or email. If you know in advance then list on your cover sheet the days coming up that you will be closed. If you were open on a federal holiday please indicate that on your cover sheet as well.

**PreSchool Exception** doesn't cover for when school isn't in session so be sure if you have children overlapping at lunch time, that those children aren't all scheduled to be in attendance on a day school is out giving you too many children in care for that age group.

**Meal Service Times** - the times you list on your cover sheet is important to us when processing your claim and when scheduling home visits. Just because you don't know when I'm coming doesn't mean your visit isn't scheduled. I need to be able to see the start of the meal service so when you serve early you need to send a text message letting me, Janet know please. I don't want to be sitting a couple of blocks away and miss your meal time because you served early. If I get there at 11:15 for an 11:30 lunch and the kids are almost done eating then that isn't really an 11:30 lunch, and I might not be able to count the meal service because I didn't see the meal being prepared and the plates having the required amount served to the children.

## **October is..! Pumpkin month**

It's fall and thoughts turn to pumpkins! Can that large pumpkin sitting on your front porch still be used for eating? Sure — as long as it is in good condition and hasn't yet been carved. Pumpkins typically used for jack-o'-lanterns usually are larger, with stringier pulp and more watery flesh. However, you can still eat the jack-o-lantern variety with fairly good results.

If you're buying a pumpkin specifically for eating, the smaller ones are usually the best. These sugar or pie pumpkins generally are sweeter, less stringy and have a deeper, richer color. Pumpkin seeds from any pumpkin can also be dried and roasted.

**Help build a supportive community for success! #FuelingKSkids**  
**We want to make it easier for you to stay informed! Visit our website,**  
**[jcfamilyhomeassociation.com](http://jcfamilyhomeassociation.com), where you can find the latest newsletter, important forms, and**  
**updates under the "What's New" tab—including closure dates and other announcements.**