

# Rainbow Menus

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Waffles  Milk  <b>Purple Fruit:</b>	Scrambled Egg WG Toast  Milk  <b>Orange Fruit:</b>	Bagel w/Peanut Butter  Milk  <b>Green Fruit:</b>	WG Cereal  Milk  <b>Yellow/White Fruit:</b>	Pancakes  Milk  <b>Red Fruit:</b>
Lunch/Supper	Turkey and Cheese Sandwich  Milk  <b>Red/Orange Vegetable:</b>     <b>Purple Fruit:</b>	Stir-fried Pork Strips Brown Rice  Milk  <b>Red/Orange Vegetable:</b>  <b>Dark Green Vegetable:</b>  <b>Yellow/White Fruit:</b>	Chicken Nuggets Biscuit  Milk  <b>Starchy Vegetable:</b>  <b>Other Vegetable:</b>	Chicken Taco WG Tortilla  Milk  <b>Bean/Pea Vegetable:</b>  <b>Dark Green Vegetable:</b>  <b>Orange Fruit:</b>	Hamburger on WG Bun  Milk  <b>Starchy Vegetable:</b>  <b>Other Vegetable:</b>  <b>Red Fruit:</b>
Snack	Cottage Cheese  Water  <b>Yellow Fruit:</b>	WG Crackers w/ Yogurt Dip  Water  <b>Red/Orange Vegetable:</b>  <b>Other Vegetable:</b>	Muffin  Water  <b>Yellow Fruit:</b>	Yogurt  Water  <b>Red or Purple Fruit:</b>	Soft Pretzels Dip  Water  <b>Dark Green Vegetable:</b>