



The Good News! JC Family Home Association, June 2026 Volume 12/Issue 9

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www.JCfamilyhomeassociation.com

Please add our phone numbers to your contacts so you know who is calling you.

June is

National Food Days

National Egg Day Wednesday, June 3, 2026

Cheese Day Thursday, June 4, 2026

World Food Safety Day Sunday, June 7, 2026

Herb & Spices Day Wednesday, June 10, 2026

Corn on the Cob Day Thursday, June 11, 2026

Eat Your Vegetables Day Wednesday, June 17, 2026

International Picnic Day Thursday, June 18, 2026

Juneteenth Friday, June 19, 2026

Smoothie Day Sunday, June 21, 2026

National Food Week

Garden Week Monday, June 1, 2026 to Sunday, June 7, 2026

Salad Week Sunday, June 7, 2026 to Saturday, June 13, 2026

National Food Months

Dairy Month

Fresh Fruit and Vegetables Month

June Food Calendar

Reimbursement table to include dates for when all supporting documents are due to the office. **The due date listed is the last possible date for the claim to be accepted. Your claim is due to the office on the 1st of every month with the grace period of up to the 5th working day of the month.**

Claim Month	All Supporting Documents* Due Date	Payment Date
May	June 7th, 2026	June 12th, 2026
June	July 17th, 2026	July 24th, 2026

- **Supporting documents** include, but not limited to: Cover sheet, Menus, Meal Attendance, Daily Attendance, Enrollments, and Meal Modification forms.

Voucher and Check information: One provider who has just signed on with us, had a good question about the information we mail you every month concerning your reimbursement for the previous month's claim. The Breakfast and Lunch (noon meal) is pretty understandable. The Dinner is sometimes referred by some as Supper and on the coversheet we use the term Supper instead of Dinner, for us these terms are referring to a meal containing the 5 components in the evening starting at 5:30 pm or later. Supplements is used for snacks on that reimbursement paperwork. I can see about updating the terminology, but for now the term supplements is referring to the number of snacks (AM, PM, or Bedtime that you served) that month.

Serving Times: We need to know a good start time to your meal service. Breakfast is normally served between 6am - 9am, not that you have 3 hours to serve it, you don't. If you indicate your breakfast is at 7:30 am then you have from 7:30 - 8 am to start serving it. **Best practice** would be a quiet activity in the morning while children are arriving then all children wash up and sit down for breakfast together at your indicated serving time. The time lapse between breakfast and AM snack needs to be at least 2 hours then between AM snack and lunch would be 2 hours before lunch can be served. AM snack is not required if you serve Breakfast at 8am and you want to have lunch at 11 or 11:30 that will work also. If you claim your lunch is 11:30 am and I come for a visit at 11:20 am, and you have already served the lunch, that is considered serving outside your contracted service times. I know some of you have trouble following a serving schedule; however, this is a

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regulation and needs to be followed. PM snack is usually served after the children take a nap, again depends on when you served lunch and how long the children nap. The times we see most is 2:30 pm-4 pm. Supper/Dinner can't be served earlier than 5:30pm.

Home visits in the summer are usually announced visits, if you are new and you haven't had a drop in visit yet then that's probably coming soon. If you haven't had a drop in meal visit yet this year then I need to get a drop in meal visit with you, so your announced visit will be unannounced. If you have a Corrective Action Plan (CAP) for menus not being up-to-date, then your visit will be unannounced. If I need to do a Supper/Dinner visit with you then your visit will be unannounced. I look forward to seeing everyone soon and have a great summer! If you are closed for the summer then I will see you late August or early September!

Late May claims will be paid in July, we will figure the claim and it will be paid July 10th! We will do our best to get everyone's claim in for the June submission date, but it is early and we need everyone to do their part and have your May claim to us ASAP!

June is..! Dairy Month!

What do you get from combining milk and lemon juice? You guessed it, cheese! From a food science perspective, combining these two ingredients is an easy way to make a soft cheese at home. People have been making different varieties of cheese for thousands of years. Cheese offers health benefits, such as vitamin A that supports eye health, protein for building muscles and wound healing, phosphorus to help calcium during bone development, and calcium to keep bones strong and healthy.

Freezing Milk

While pasteurized milk can be frozen, it may separate or be slightly grainy when thawed. Frozen milk works best for cooking, but you may find it's still okay for drinking. Freeze milk in small containers and leave some extra space at the top since milk expands during freezing. Plan to use frozen milk within a month for best quality. Thaw milk in the refrigerator. During thawing, the fat in milk may separate from the water in milk – stir or shake well before using.

Freezing Cheese

Hard or semi-hard cheese can be frozen if cut in 1/2 to 1-pound blocks. Wrap in plastic wrap and then put in freezer bags. After freezing, cheese may become crumbly and mealy, but it will retain its flavor.

Freeze shredded cheese in its original package. Allow it to thaw for at least 24 to 48 hours in the refrigerator. This will allow the moisture (which becomes frost when it is frozen) to go back into the cheese. Use thawed cheese as quickly as possible. Previously frozen cheese works best for cooking..

Help build a supportive community for success! #FuelingKSkids
We want to make it easier for you to stay informed! Visit our website,
jcfamilyhomeassociation.com, where you can find the latest newsletter, important forms, and updates under the "What's New" tab—including closure dates and other announcements.