

The Good News

October Volume 6/ issue 1

JC Family Home Association

Director: Janet Dozier 785-307-4370 Assistant Director: Vanda Taylor 785-762-2623 Consultant: Chris Moravec 785-579-5945 Email:jcfha5@gmail.com

**November Is . . .**

**National Food Days**

* [**Deviled Egg Day**](https://food.unl.edu/#deviled-egg)**(November 2)**
* [**Sandwich Day**](https://food.unl.edu/#sandwich)**(November 3)**
* [**Cook Something Bold & Pungent Day**](https://food.unl.edu/#bold-pungent)  **(November 9)**
* [**Spicy Guacamole Day**](https://food.unl.edu/#guacamole)**(November 14)**
* [**World Diabetes Day**](https://food.unl.edu/#diabetes)**(November 14)**
* [**Clean out Your Refrigerator Day**](https://food.unl.edu/#refrigerator) **(November 15)**
* [**Homemade Bread Day**](https://food.unl.edu/#bread)**(November 17)**
* [**Take a Hike Day**](https://food.unl.edu/#hike)**(November 17)**
* [**Eat a Cranberry Day**](https://food.unl.edu/#cranberry)**(November 23)**
* [**National Parfait Day**](https://food.unl.edu/#parfait)**(November 25)**
* [**Thanksgiving**](https://food.unl.edu/#thanksgiving)**(November 26, 2020 / 4th Thursday)\***
* [**Throw Out Your Leftovers Day**](https://food.unl.edu/#leftovers)**(November 29)**

**National Food Weeks**

* [**National Fig Week**](https://food.unl.edu/#fig)**(1st Week)**
* [**Split Pea Soup Week**](https://food.unl.edu/#pea_soup)**(2nd week)**

**National Food Months**

* [**American Diabetes Month**](https://food.unl.edu/#diabetes_month)
* [**National Peanut Butter Lovers Month**](https://food.unl.edu/#pb_love)
* [**Sweet Potato Awareness Month**](https://food.unl.edu/#sweet_pot)

**\* Day(s) changes yearly**

<https://food.unl.edu/november-food-calendar>

**Tentative Reimbursement Dates**

**October Claim – November 24**, November Claim – December 31.

**Home Visits**

**We are doing some home visits face to face; however, we are trying to implement virtual home visits by video call. Chris and Janet have both done a few of these and we are learning as we go. 1) We need your cell phone number 2) You need the google duo app, even if you have an iphone so our phone will talk to your phone through video call. 4) Add our names and numbers in your contact list so you will know who is calling you just as you are getting the kids ready for lunch. The Manhattan providers get ready your turn is coming!**

**Whole grain once a day and documentation: I’m proud of the whole grain items we are seeing on the claims. Good job! I need to clarify with you – all whole grains need to have documentation on file, which is different than located somewhere in the house. Please use the baggies we gave you or some other system to keep the label information in. We had been checking to see if you have most of the labels, after reading the regulations again we have come to understand that you need supporting documentation for 100% of your whole grains, cereals, and yogurts you served the prior month and the current month. We can offer technical assistance if you have more than 33%, but the goal is 100%. We have to issue a Corrective Action Plan if it is under 33%. Make sure you serve a whole grain once a day. For those of you who serve 100% whole grain bread at lunch every day and we do a visit we will need to see the label to support that or you will be written up for not having it and meals could be disallowed.**

**Cook Something Bold and Pungent Day**

**Spice things up with some bold and pungent recipes. "Pungent" flavors include ingredients like mustard seed, onions, ginger, turmeric, and garlic.**

**New From KSDE**

**New Team Nutrition Resources  
a. Food Buying Guide Training Modules are available at  
https://www.fns.usda.gov/tn/food-buying-guide-training-resources. These three  
new training modules provide an in-depth look at the Food Buying Guide with  
interactive knowledge checks to assist the learner. Topics covered include:**

**1) An introduction to the Food Buying Guide,**

**2) The Recipe Analysis Workbook and**

**3) CN Labels and Product Formulation Statements.**

**Modules can also be accessed on  
the Institute of Child Nutrition’s eLearning Portal.  
b. Training Tools for CACFP Operators on Grain Ounce Equivalents are available on  
Team Nutrition’s new Grains Ounce Equivalents Page at:**[**https://www.fns.usda.gov/tn/grains-ounce-equivalents-resources-cacfp**](https://www.fns.usda.gov/tn/grains-ounce-equivalents-resources-cacfp)

**C. New Recipes for the Child and Adult Care Food Program (CACFP) for homes at**[**https://www.fns.usda.gov/tn/team-nutrition-recipes**](https://www.fns.usda.gov/tn/team-nutrition-recipes)

**D. Mealtimes With Toddlers in the CACFP Family Handout, available at  
https://www.fns.usda.gov/tn/mealtimes-toddlers-family-handout  
E. Crediting Store-Bought Combination Baby Foods in the CACFP Training  
Worksheet, available at https://www.fns.usda.gov/tn/crediting-store-boughtcombination-baby-foods-cacfp**

**Farm to Child Nutrition Program Sub Grants- Apply Now**

**Bringing the bounty of America’s farms into Child Nutrition Programs as a part of breakfast and lunch is one of the best ways we can ensure children are receiving nutritious and delicious meals at school or child care! 2020-2021 Farm to Child Nutrition Program Sub-Grant Applications will be available by Monday October 5th at**[**www.kn-eat.org**](http://www.kn-eat.org/)**, Farm to School, What’s New.  Apply now to improve access to local foods in Child Nutrition Programs and increase agricultural education opportunities.  Sub Grant applications are due on or before December 1, 2020.  Contact Barb Depew at**[**bdepew@ksde.org**](mailto:bdepew@ksde.org)**or 786-296-0062 if questions.**



**Contact Us**

**JC Family Home Association**

**PO Box 1203/222 W. 6th St**

**Junction City, KS 66441.**

**Office 785-762-2424, Janet 785-307-4370, Vanda 785-762-2623, jcfha5@gmail.com**

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Office of the Assistant Secretary for Civil Rights  
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Washington, D.C. 20250-9410;  
  
(2)   Fax: (202) 690-7442; or  
  
(3)   Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).  
  
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Anyone know the title of the book below?