



The Good News

April Volume 8/ Issue 7

JC Family Home Association

Director: Janet Dozier 785-307-4370, Office Manager: Barbara Gabriel 785-762-2623, and Consultant: Chris Moravec 785-579-5945. Email: jcfha5@gmail.com

This newsletter will be posted on our website www.JCfamilyhomeassociation.com

Please add our phone numbers to your contacts so you know who is calling you.

April is . . .

- National Food Days
- International Carrot Day - Tuesday, April 4, 2023
- National Walking Day - Wednesday, April 5, 2023
- Fresh Tomato Day - Thursday, April 6, 2023
- Easter - Sunday, April 9, 2023
- National Garden Day - Friday, April 14, 2023
- Banana Day - Saturday, April 15, 2023
- Day of the Mushroom - Sunday, April 16, 2023
- Garlic Day - Wednesday, April 19, 2023
- Picnic Day - Sunday, April 23, 2023
- Pretzel Day - Wednesday, April 26, 2023
- Raisin Day - Sunday, April 30, 2023
- National Food Weeks
- National Public Health Week - Monday, April 3, 2023 to Sunday, April 9, 2023
- Passover - Wednesday, April 5, 2023 to Thursday, April 13, 2023
- Food Waste Prevention Week - Monday, April 10, 2023 to Sunday, April 16, 2023
- Every Kid Healthy Week - Monday, April 24, 2023 to Friday, April 28, 2023
- National Food Months
- Garden Month
- Move More Month
- Pecan Month
- Stress Awareness Month

[April Food Calendar](#)

Reimbursement table to include dates for when all supporting documents are due to the office. Entire Year!

Claim Month	All Supporting Documents* Due Date	Payment Date
March	April 18, 2023	April 28, 2023
April	May 18, 2023	May 26, 2023

- **Supporting documents** include, but not limited to: Cover sheet, Menus, Meal Attendance, Daily Attendance, Enrollments, and Meal Modification forms.

From KSDE:

Healthier CACFP Award Application

The Healthier CACFP Award criteria and application were recently updated. The Healthier CACFP Award is a recognition system that supports the wellness efforts of child care providers, day care center staff, and home providers participating in the CACFP. Caregivers going above and beyond the Program requirements by taking steps to improve the menus, physical activity, professional development, nutrition, and wellness environment and/or infant care can apply for an award in one or more of these categories. Three award levels are offered: Honors, High Honors and Highest Honors. For more information and to access the application and resource book visit, <https://cnw.ksde.org>, CACFP, USDA Healthier CACFP Award or email Karen Seymour at kseymour@ksde.org.

JC Family Home Association is an equal opportunity provider, employer, and lender.

Summer Education Opportunity for Students from Kansas Corn

The Kansas Corn STEM program is excited to offer the “Summer Scientist: Does Corn Need Light?” lab. Each summer this kit is available to Kansas educators and volunteers who are leading summer education programs. The free supplies and resources are provided to help you teach your children about agriculture in a fun scientific way. **April 14th** is the deadline to request kits for summer 2023. Please submit your request early. To request materials, login at <https://kscorn.com/latest-login-page/> to register and create an account. Text “I like corn” to 785-307-4370.

Help Families Celebrate Nutrition All Year Long

April is a great time to introduce families of the children in our care to National Nutrition Month and Kids Eat Right. Kids Eat Right is a national effort of the Academy of Nutrition and Dietetics Foundation. Each week, Kids Eat Right provides helpful tips for feeding children, along with recipes and other resources. Special topics focus on key issues for developing lifelong healthy eating habits.

Sign up for the Kids Eat Right Monday Message at:

<https://theicn.org/memo#:~:text=Kids%20Eat%20Right%20Monday%20Message> and follow on social media. Share postings with your families and community.

Share the Kids Eat Right website at:

<https://www.eatrightfoundation.org/foundation/resources/kids-eat-right> with families. Let them know this trusted source has a variety of topics for helping children develop healthy food habits.

Training in person this year! Providers are required to have 2 hours of training for the CACFP every year.

Date	City	Location	Time
April 6, 2023	Salina Health Dept	125 W Elm St	6pm-8pm
April 27, 2023	Manhattan, FBC	2121 Bluehills Rd	6pm-8pm
April 29, 2023	Junction City	Library	9am-11am
May 4, 2023	Concordia	CCCC RM 259	6pm-8pm

Links to the training resources for cycle menus and recipes are:

<https://www.fns.usda.gov/tn/recipes-cacfp>

<https://www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-child-care-centers>

<https://cnw.ksde.org/cacfp/cacfp-administrative-handbook/chapters/chapter-4-meal-guidelines/healthier-kansas-menus---cacfp>

<https://theicn.org/cnrb>

#FuelingKSKids is used by the Kansas State Department of Education, Child Nutrition and Wellness.

JC Family Home Association is an equal opportunity provider, employer, and lender.