The Good News

January 2017 / Volume 2 / Issue 4

January Is . . .

Egg Month

Family Fit Lifestyle Month

Soup Month

Wheat Bread Month

January 1- new Year's Day, Jan. 4- Bean Day, Jan. 6- Make a Gift Day, Jan. 9- oatmeal Muffin Day, Jan 15-21-Healthy Weight week, Jan. 28- Blueberry Pancake Day, Jan. 29 – Kansas’ Birthday

Source: <https://snaped.fns.usda.gov/nutrition-through-seasons/holiday-observances#topcalandar>

Important Reminders

Licensing Capacity

K.A.R. 28-4-114 (j)(1)

(j)  Additional children on the premises.  In addition to the number of children permitted under the terms of the temporary permit or the license and specified in subsections (e) and (f), other children may be permitted on the premises.

          (1)  Not more than two additional children 2 1/2 years of age or older who **attend** part-day preschool or part-day kindergarten may be present at any time **between the hours of 11am and 1pm for the noon meal on days that school is in session.**

The food program no longer requires the paperwork for part day preschools or part-day kindergartens to be filled out by the provider; however, we need to know on the enrollment sheet if the child attends a part-day school, and the days and times they attend.  We also need to know when school is not in session.  We are finding some of you are claiming extra preschool age children during breakfast, at pm snack and during non-school days.  Please review the capacity your license allows for you to have and be careful not to be over.  Additional children does not apply on Fridays when the part-day school is Monday - Thursday, it also doesn't apply when the preschool age children do not attend part-day school at all.

KCCTO has the required trainings for DCF providers bundled for $5.00 for the 9 KDHE clock hours.

Look for the “Foundations for Safe and Healthy Early Care Facilities-Module 2”

 <http://kccto.org/register/online-registration>

This covers the following course topics:

* Safe Steps: Administering Medication to Children.
* Handling, Storing, and Disposing of Hazardous materials and Biological Contaminants.
* Prevention of and Response to Emergencies Due to Food and Allergic Reactions
* Building and Physical Premises Safety
* Sound the Alarm: Emergency Preparedness in Child Care
* Transportation of Children

For more information contact the KCCTO office at 800-227-3578

Tentative Check Disbursement Dates

The following chart contains tentative dates that the reimbursement will be sent from JCFHA bank and the checks will be mailed on this date.

**Claim Month Payment Date Claim Month  Payment Date**

October 2016            Nov. 23, 2016                November 2016 Dec. 28, 2016

**December 2016       Jan. 30, 2017** January 2017 Feb. 27, 2017

February 2017           Mar. 31, 2017 March 2017 April 28, 2017

April 2017                    May 26, 2017 May 2017 June 22, 2017

June 2017                  July 28, 2017 July 2017 Aug. 30, 2017

August 2017               Sept. 28, 2017 September 2017 Oct. 27, 2017

October 2017              Nov. 28, 2017  November 2017 Dec. 28, 2017

YouTube Live Videos

Please send your questions in and I will answer them in a short video.  The videos from December will be posted to the YouTube channel.  To see the videos just go to youtube.com and search JCFHA, then click on the channel.  The December video is on Upcoming changes for Milk.  Just keep in mind that these changes do not take effect until October 2017.

What's New

Local Kansas Food and Gardening Sub-Grant Available For CACFP Day Care Centers and Home Providers From Team Nutrition!

Child care centers and home providers will have the opportunity to receive the USDA Grow it, Try It, Like It gardening curriculum, the Kansas Farm Bureau Kailey's Ag Adventure book series and sub-grant funds to implement nutrition education opportunities for children in care! As part of a Team Nutrition Training Grant, KSDE, CNW plans to award sub-grants to 30 centers ($300 each) and sub-grants to 100 home providers ($100 each) along with program materials to implement a Local Kansas Food and Gardening nutrition education curriculum this spring. Applications will be available at [www.kansasteamnutrition.org](http://www.kansasteamnutrition.org)  on January 1st and will be due January 31st 2017. For questions or additional information, contact Tessa Adcock at tadcock@ksde.org or call 785-296-2276.

KCCTO-KITS Infant-Toddler Specialist Network

Kansas Child Care Training Opportunities (KCCTO) and Kansas In-service Training System (KITS) are pleased to announce the Infant-Toddler Specialist Network (ITSN) project. This Project is designed to have a positive impact on child care quality and accessibility by providing education, support, consultation and technical assistance to early childhood professionals who care for infants and toddlers in Kansas. Through this project early childhood professionals will have access to the following free supports: telephone "help-line", online courses, trainings, webinars and communities of practice, linkages to State and National resources, community-based individualized training, on-site visits, short or long term consultation and coaching, intensive technical assistance, and financial quality improvement incentives. If you have further questions about the program, or are a family child care provider or child care center interested in learning more about free services offered through the ITSN project, please call the KCCTO office at 1-800-227-3578 or email kccto.inc@gmail.com.

Cook's Corner

Black Bean Hummus

Recipe can be found online at <http://www.jcfamilyhomeassociation.com> on the newsletter tab, or

<https://www.whatscooking.fns.usda.gov/quantity/child-nutrition-cnp/black-bean-hummus-usda-recipe-e17-cacfp>

Get Moving!

Snowflake, Snowflake

Snowflake, Snowflake allows children to practice locomotive and listening skills while having fun!

**Supplies:**

* Large space for movement
* Stop and go signal (Drum)

**Directions:**

**1**. Ask all of the children to spread out in the play space.

**2**. Tell children they are snowflakes

**3**. Tell children the following rhyme "Snowflake, snowflake, falling down, snowflake, snowflake \_\_\_ (put in locomotor move) around." Examples of locomotor moves are: walk, skip, hop, gallop, run, tip toe, crab walk, roll, dance, and slither.

**4**. Instruct the children to carefully move about preforming that particular locomotor move until the drum is struck by the teacher.

**5**. Tell children to freeze and listen on the strike of the drum. Continue to repeat the rhyme with a new locomotor move each time.

**6.** Once the children start to understand the rhyme, have them take turns leading the class. Encouraging the children to be creative when choosing a locomotor move. For example silly walk, favorite animal walk, and fly.

Adapted from:

<http://www.pecentral.org/lessonideas/VeiwLesson.asp?ID=7322>

Bird Day - Feather Painting

January 5th is National Bird day!

**Supplies:**

* Paper
* feathers
* paints

**Directions:**

**1.** Put out an assortment of feathers, paper and paint.

**2.** Have the children experiment with a variety of paint textures and feathers for their own unique piece of art.

<http://www.kidsactivities.net/category/Theme-Birds.aspx>

Old Rock Day - Pet Rocks

January 7th is Old Rock Day!

**This activity can be found at** [**http://www.jcfamilyhomeassociation.com**](http://www.jcfamilyhomeassociation.com) **on the newsletter tab or**

<http://www.kidsactivities.net/post/ideas-with-Stones-and-Rocks-for-Kids.aspx>

UP and Coming

Milk - October 2017

Must be unflavored whole milk for children for age one.  Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old.  Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older.

First Aid & CPR Trainings

Safety Training Solutions (Shawnee, Geary & Riley Counties) visit <http://safetytrainingsolutions.net> for schedule.

CPR & First Aid by Tina (Northeast Kansas) call 785-221-3609 for schedule.

Contact Us

P.O. Box 1203 Junction City, KS  66441

785-762-2424 / Fax: 785-762-2623

Janet@jcfha.kscoxmail.com

Jcfamilyhomeassociation.com

Director:  Janet Dozier Office Assistant: Leslie Korman

Consultant:  Christine Moravec Office Assistant: Megan Majerus

Assistant Director:  Vanda Taylor

**USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits.  Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.  Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA program discrimination complaint form, (AD-3027) found online at <http://www.ascr.usda.gov/complaint_filing_cust.html>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form.  To request a copy of the complaint form, call \*866) 632-0002.  Submit your completed form or letter to USDA by:

1. Mail:U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410

1. Fax: (202) 690-7442; or
2. Email: program.intake@usda.gov.